



NEHEMIAH

10 REFORM

Each session will begin with an opportunity to help you connect with and get to know one another.

What is the most important quality you look for in a friend?

Play the "Session Ten: Reform" video lesson.

What stood out to you from the video?

"WE ALL NEED HELP REMEMBERING AND RETURNING TO THE VALUES OF FOLLOWING CHRIST AND BUILDING A GODLY LIFE. THE WORD FOR THIS IS 'ACCOUNTABILITY.'"

— DUSTY FRIZZELL

In the following section, you will explore Bible passages and take part in discussion to apply insights from this session. If time is a concern, please choose just a few questions to discuss in your group.

Read Nehemiah 13:15-22

1. This story might look strange to us today, but honoring the Sabbath day was one of the main ways the Israelites honored God. Why do you think the Israelites forgot what should have been valuable to them? Why do Christians forget what should be valuable to them?

2. Why did Nehemiah go to such great lengths to restore the holiness of the Sabbath day? Why do we need people in our lives who will remind us of what we ought to value? Why is it harmful to us to surround ourselves with people who say only what we want to hear?

3. Who is a person in your life who keeps you accountable? Who is a person who will always tell you the truth, no matter how much it might hurt? How have they challenged and encouraged you?

Read Galatians 6:1-5 & Hebrews 10:23-25

4. Galatians 6:1 tells us to restore our fellow believers gently. How do we do this? How do we make sure we are correcting a brother or sister with kindness and love rather than harshness and judgment?

5. How have the months of isolation due to COVID-19 affected you? Why do we need to connect with others, even if it's over the Internet or the phone? Why do we need a community of believers to keep us strong? How can a lack of community damage our Christian walk?

6. How do you believe God is calling you to encourage your fellow believers today? What message of inspiration has God laid upon your heart to share with others? How can we continue to encourage and uplift our fellow believers during this difficult season?

DEEPER STUDY QUESTIONS

Read Psalm 141:5 & Revelation 3:14-22

7. Why is it kind to rebuke fellow believers and turn them from evil? How is correcting someone a loving act? On the other hand, why is it unloving to stay silent while a person heads toward sin?

8. In Laodicea, they had an issue with lukewarm water. It was useless, neither cold enough for drinking nor hot enough for bathing. After reading these verses, how do you think the Laodicean Christians had become useless to themselves and others? How did God intend to make them useful to themselves and others? Why does God seek to make us useful?

PRAYER AND PRAISE

This is a place where you can write each other's prayer requests and make notes when God answers prayer. Pray for each other's requests out loud together as a group. If you're new to group prayer, you may pray silently.

Prayer Requests

Praise Reports